

BIZZEE BREEZE CANTEEN @ SHEOAK GROVE PRIMARY SCHOOL

Something smaller

Dip and Crunch

French onion dip, celery, carrot, rice crackers	\$3.00
Cheese, crackers & sultanas	\$2.00
Fruit salad cup	\$2.50
Popcorn	\$0.50
Ham & cheese mini muffin	\$1.00
Banana, choc chip mini muffin	\$1.00
Blueberry mini muffin	\$1.00
Choc coconut energy ball	\$1.00
Choc chip cookie dough energy ball	\$1.00
Banana bread	\$2.00
Blueberry & yoghurt bread	\$2.00

Drinks

Water	\$1.50
Flavoured milk	
Choc, Strawberry, or Mint	\$2.50
Juice box	
Apple, Orange or Apple and Blackcurrant	\$2.00

Hot Food

Spaghetti Bolognese	\$5.00
Cottage Pie	\$5.00
Mac & Cheese	\$5.00
Chicken pasta bake	\$5.00
Tuna bake	\$5.00
Chicken and mango curry	\$5.00



Sandwiches

Vegemite, Honey or SB Jam	\$1.50
Cheese	\$2.00
Cheese & Vegemite	\$3.00
Chicken, Lettuce & Mayo	\$4.00
Chicken, Cheese & Mayo	\$4.00
Chicken & Salad	\$4.50
Ham & Salad	\$4.50
Ham, Cheese & Tomato	\$4.00
Salad (Lettuce, Cucumber, Tomato, Cheese, Mayo)	\$3.50

Salads

Chicken salad	\$5.00
Chicken, lettuce, tomato, cucumber, cheese, honey mustard dressing	
Caesar Salad	
Cos, bacon, egg, croutons	\$5.00
Salad dipper	
Carrot sticks, cucumber sticks, celery sticks, cheese cubes, ranch dip	\$4.50

To help in making healthy choices, the menu is colour coded with the traffic light system. We do not serve any **red** items. **Amber** items should only be eaten occasionally, and **green** items may be eaten everyday.

Daily Specials

Monday

Pizza Pinwheels

Ham & Cheese	\$4.00
Hawaiian	\$4.50
Chicken & Cheese with BBQ sauce	\$5.00

Tuesday

Sushi

Teriyaki Chicken	\$5.00
Tuna & Cucumber	\$5.00
Avocado & Cucumber	\$5.00

Wednesday

Chicken noodle salad

Chicken, cabbage, carrot, spring onion, crispy noodles sesame dressing	\$5.50
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Thursday

Cheeseburger

Handmade burger pattie, cheese, pickles, tomato sauce, mustard	\$6.50
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Friday

Chicken and salad

2 x roast chicken drumsticks with potato salad or coleslaw	\$6.00
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